



Avenue[®]-T Ti

Posterior Lumbar Curved
3D Printed Titanium Cage

Surgical Technique Guide

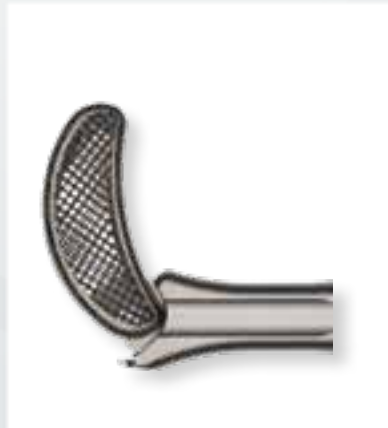






Table of Contents

Surgical Technique	5
Implant Overview	15
Instrument Overview	19
Instructions for Use	20

ZimVie Spine does not practice medicine. This technique was developed in conjunction with health care professionals. This document is intended for surgeons and is not intended for laypersons. Each surgeon should exercise his or her own independent judgment in the diagnosis and treatment of an individual patient, and this information does not purport to replace the comprehensive training surgeons have received. As with all surgical procedures, the technique used in each case will depend on the surgeon's medical judgment as the best treatment for each patient. Results will vary based on health, weight, activity and other variables. Not all patients are candidates for this product and/or procedure.



Avenue®-T Ti

Posterior Lumbar Curved Interbody Fusion Cage

Features and Characteristics

Avenue®-T Ti Posterior Lumbar Curved 3D printed Interbody Fusion Cage:

Primary Stability

- The special “net” structure obtained through additive manufacturing technology, is designed to provide strong primary fixation and to minimize implant migration risk.

Wide Variety of Footprints, Heights and Lordosis Angles

- One system intended to match patients’ natural anatomy and surgeons’ preferences.

Fusion Promotion

- Pore size of the net structure and the surface roughness of the implant edges intended to facilitate fast and effective osteo-integration.
- The elasticity modulus of the implant, similar to PEEK, is designed to be close to natural bone characteristics.



Avenue-T Ti is offered in 3 footprints and 9 heights with 3 lordosis angles:

Footprint:



29 x 9 mm



32 x 9 mm



32 x 10 mm

Height:



7 mm



9 mm



11 mm



13 mm



15 mm



8 mm



10 mm



12 mm



14 mm

Lordosis Angle



5°



8°



15°

Surgical Technique



Patient in prone position

Patient Positioning

- Patient position should expose the spine level which is going to be operated on. Surgeons should evaluate the most appropriate position considering the surgical approach technique, decompression procedure and fusion technique.
- For this surgical procedure place the patient in prone position for Posterior Transforaminal approach to lower lumbar levels of the spine.
- Approach the required level following the known surgical technique hereto.

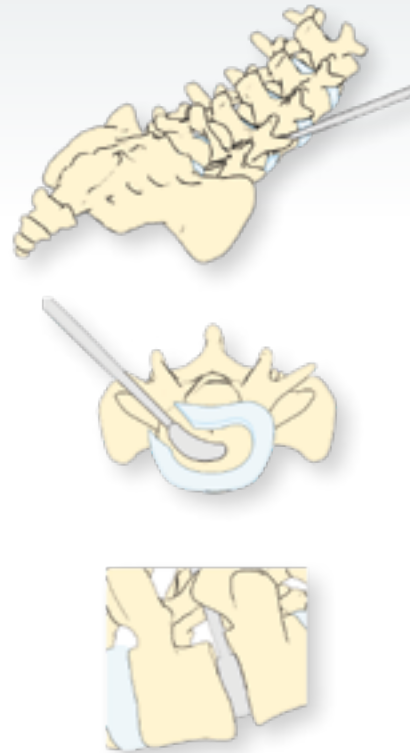
Skin Incision

- By using fluoroscopy the appropriate level of the lumbar spine must be verified. Skin incision should allow adequate approach to reach the targeted spine segment(s). Additional instruments like a vertebral distractor and soft tissue retractors are subject of consideration to allow easier access to the required vertebral segment.
- To maintain proper vision on the surgical field a tissue retractor system is highly recommended. It is up to surgeon's experience to define and perform the soft tissue approach and bone decompression procedure. In some cases, specific patient's positioning may be required.

Surgical Technique (Continued)



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Implant dimension choice procedure.

Disc Removal and Endplate Preparation

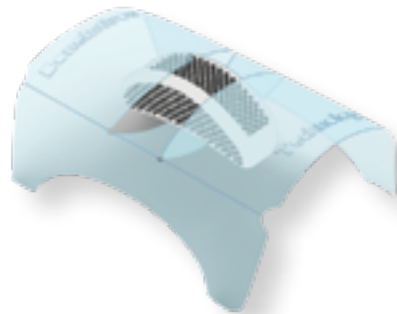
- The discectomy procedure should be performed using standard disc cleaning instruments. The choice of appropriate instruments depends on approach, surgeons' preferences and projected results. Using rasps and curettes is recommended while cleaning the disc (removal of nucleus material) and when preparing the vertebral endplate in order to create efficient bone contact (removal of superficial layers of the cartilage on the endplates). Adequate cleaning of the endplates is important to enable the provision of a blood supply to the implant. However, excessive cleaning may weaken the vertebral endplate and result in subsidence of the implant.

Implant Dimension Choice

- To select the appropriate implant size, implant trials should be used. Proceed progressively from the smaller to the bigger size to prepare the disc space for the implant. The anatomic patient structure needs to be verified and respected to use the most suitable one as last one: The trial Implant must fit firmly with a tight press-fit between the endplates. Keep the same trajectory and angulation as intended for implant insertion.



Trial



Implant packaging and release process.

Implant Packaging

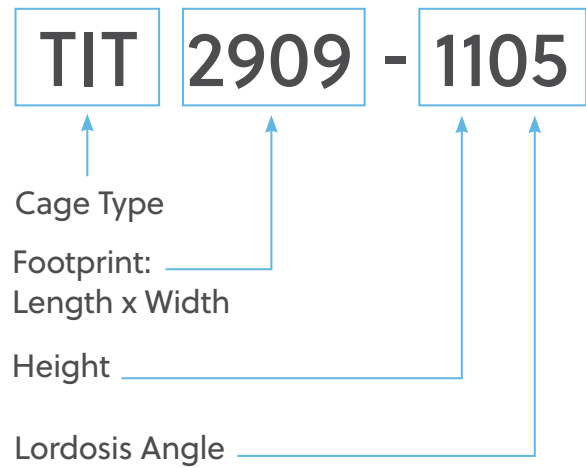
- When trialing is performed, fluoroscopic imaging is strongly recommended, in order to have a clear idea about the implant's height and length. Please note that implant trials are designed "flat" (0 degrees of lordosis). In case larger lordosis restoration is intended, select an implant with either 5, 8, or 15 degrees angulation.
- Pre-operative radiological imaging is strongly recommended to decide on the lordosis angulation of the implant.
- Because Implant Trials are "flat" (no lordosis angle), the required angulation should be determined based on pre-operative X-Rays; Avenue-T Ti Implants have 5° lordosis angle.
- After sizing and end-plate preparation, choose the Implant dimension according to the outcome of the trial procedure.

- The implant is supplied in a double rigid blister pack with a special internal holder. The circulating nurse opens the outer (non-sterile) blister of the implant and hands the implant to the sterile OR nurse or scrubtech. The sterile OR nurse removes the inner (sterile) blister, opens it, takes out the holder and presses as indicated next to this text to release the implant. Always ensure that the sterility of the implant, which is located in the inner blister, is maintained.

Caution:

When using the modular trials (as shown above) in combination with the implant inserter, it is strongly recommended to properly clean the distal part of the implant inserter before attaching a different size trial. It is likely that during the trialing process tissue debris remains on the distal tip of the implant inserter, which may negatively influence or even block proper attachment and/or functioning of the next trial.

Surgical Technique (Continued)



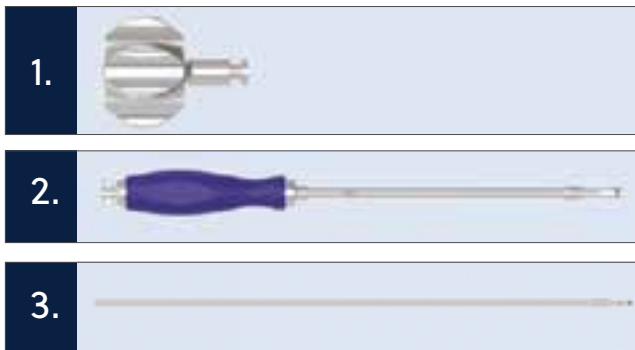
Implant Preparation

- When surgeons deem necessary to add an additional bone growth accelerator, an Universal Filling System supports the bone substitute filling procedure, either at preimplantation or post-implantation stage of the surgical procedure, in an effective way.

Implant Reference Code

- The correct implant size corresponds to the height and length of the trial implant (either 29 or 32 mm); the trial implant has no lordosis angle (lordosis angle 0°).
- The lordosis angle for the implant is determined after evaluating the (pre-OP) fluoroscopic imaging

Components:



1. Implant Knob - BOK-LT-90-02
2. Implant Holder - BOK-LT-95
3. Implant Holder Shaft - BOK-LT-95-10

Cage Fixation



Cage Rotation



Cage Release



Assembly of Implant Holder

- Assemble the Implant Holder Shaft into the implant holder and fix with the Implant Knob.

Warning: The Implant Holder Shaft should be assembled into the Implant Holder in a specific way: Insert from the tip of the instrument upwards; Please make sure that the arrow on Implant Holder Shaft aligns with the arrow on the Implant Holder.



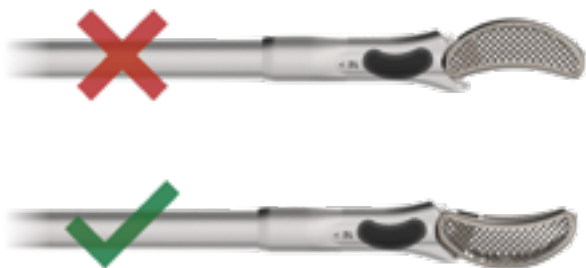
Cage Fixation on Implant Holder

- The Implant inserter was developed to facilitate implantation by the multi-axiality of the implant positioning throughout the procedure. Surgeons have full control over every function of the instrument, also thanks to the display in the window of the Implant Inserter shaft.

Caution:

Similar to using modular trials (as shown on page 7) it is strongly recommended to properly clean the distal part of the implant inserter before attaching the implant. It is likely that during the trialing process tissue debris remains on the distal tip of the implant inserter, which may negatively influence or even block proper attachment and/or functioning of the implant during implantation.

Surgical Technique (Continued)



Implant holder

Cage Fixation on Implant Holder

Warning: DO NOT ASSEMBLE THE CAGE IN THE WRONG POSITION

- Follow the directions as indicated in the picture above: align as indicated on the Implant Holder.
- Fix the implant with the inner line in the display of the Implant Holder shaft in the "release position" and turn the knob clockwise until the line reaches the "locked position".

Control of Cage-Rotation

- There is a window in the Implant Holder shaft to recognise the cage fixation situation in 3 different positions



"LOCK" Position

- The cage is locked to the Implant Inserter and cannot rotate

"CENTRAL" Position

- The cage can be rotated freely, but is still attached to the Implant Inserter to enable manipulation and rotation of the implant.
- Rotation is possible anywhere in between the Locked and Central position, but the Central position should never be surpassed.

"RELEASE" Position

- The cage is released from the Implant Inserter; The Implant Inserter can be removed, with the cage remaining in the intervertebral space

Surgical Technique (Continued)



Cage Implantation

- Fix the implant firmly on the insertion tool: start with the indicator line in the "release position" and turn the fixing knob clockwise until the line reaches the "locked position" (See picture above). Then enter the disc space at an oblique angle.
- Continue inserting until the cage reaches the anterior annulus without turning the knob.
- To rotate the cage in the intervertebral space, loosen the knob by turning counterclockwise, approximately to where the indicator lines align (see picture above); the cage rotates under pressure (apply light hammer blows), but remains attached to the implant holder.



- Push and manipulate the cage until the ideal position has been reached, keeping the indicator lines in between the "Locked" and Central (aligned) position, but never surpass the aligned position into the direction of the "release position" (see picture above on left).
- To release the cage, turn the fixing knob counterclockwise again until the display line arrives at the end of the display window in the direction of "Release" or disappears (see picture above)

Surgical Technique (Continued)

- (1) If necessary increase distraction to facilitate implant insertion. Insert the cage by gently hammering. Keep appropriate space for insertion. Guiding the procedure, Lateral X-rays are highly recommended during the implantation procedure.
- (2) After passing the posterior wall of the vertebral body, release the brackets that fix/hold the implant on the Implant Inserter into a multi axial position by slightly turning the fixation knob counterclockwise until the line in the window on the Implant inserter shaft moves to the middle till approximately fully aligned; do not surpass this Central/aligned position. The brackets holding the implant move into a Semi-Open position, anywhere in between the fully "Locked" and Central Position.
- When surpassing the Central/aligned position in the direction of the "Release" position, there is a serious chance to release the implant from the Implant Holder, which at this stage of the procedure would create serious challenges. Change the sagittal angulation of the Implant Holder by continuing gentle hammer blows to rotate the TLIF implant into the required position. Changing the angulation of the Implant Holder increases turning forces and facilitates the implant rotation procedure, implantation procedure.
- (3) After final positioning has been reached, release the brackets fully by turning the knob counterclockwise until the display line arrives at the end of the display window in the direction of "Release" or disappears. Detach the Implant Holder. Remove the Implant Holder and check the implant position, both in AP and Lateral X-rays.

Footprint 29 x 9 mm

Description (L x W x H)	Part Number	QTY
Avenue-T Ti 29 x 9 x 7 mm; 5°	TIT2909-0705	0*
Avenue-T Ti 29 x 9 x 8 mm; 5°	TIT2909-0805	0*
Avenue-T Ti 29 x 9 x 9 mm; 5°	TIT2909-0905	0*
Avenue-T Ti 29 x 9 x 10 mm; 5°	TIT2909-1005	0*
Avenue-T Ti 29 x 9 x 11 mm; 5°	TIT2909-1105	0*
Avenue-T Ti 29 x 9 x 12 mm; 5°	TIT2909-1205	0*
Avenue-T Ti 29 x 9 x 13 mm; 5°	TIT2909-1305	0*
Avenue-T Ti 29 x 9 x 14 mm; 5°	TIT2909-1405	0*
Avenue-T Ti 29 x 9 x 15 mm; 5°	TIT2909-1505	0*

Footprint 29 x 9 mm

Description (L x W x H)	Part Number	QTY
Avenue-T Ti 29 x 9 x 7 mm; 8°	TIT2909-0708	0*
Avenue-T Ti 29 x 9 x 8 mm; 8°	TIT2909-0808	0*
Avenue-T Ti 29 x 9 x 9 mm; 8°	TIT2909-0908	0*
Avenue-T Ti 29 x 9 x 10 mm; 8°	TIT2909-1008	0*
Avenue-T Ti 29 x 9 x 11 mm; 8°	TIT2909-1108	0*
Avenue-T Ti 29 x 9 x 12 mm; 8°	TIT2909-1208	0*
Avenue-T Ti 29 x 9 x 13 mm; 8°	TIT2909-1308	0*
Avenue-T Ti 29 x 9 x 14 mm; 8°	TIT2909-1408	0*
Avenue-T Ti 29 x 9 x 15 mm; 8°	TIT2909-1508	0*

**Optional. Available by special order.*

Implant Overview Continued)

Footprint 32 x 9 mm

Description (L x W x H)	Part Number	QTY
Avenue-T Ti 32 x 9 x 7 mm; 5°	TIT3209-0705	1
Avenue-T Ti 32 x 9 x 8 mm; 5°	TIT3209-0805	2
Avenue-T Ti 32 x 9 x 9 mm; 5°	TIT3209-0905	2
Avenue-T Ti 32 x 9 x 10 mm; 5°	TIT3209-1005	2
Avenue-T Ti 32 x 9 x 11 mm; 5°	TIT3209-1105	2
Avenue-T Ti 32 x 9 x 12 mm; 5°	TIT3209-1205	2
Avenue-T Ti 32 x 9 x 13 mm; 5°	TIT3209-1305	2
Avenue-T Ti 32 x 9 x 14 mm; 5°	TIT3209-1405	1
Avenue-T Ti 32 x 9 x 15 mm; 5°	TIT3209-1505	1

Footprint 32 x 9 mm

Description (L x W x H)	Part Number	QTY
Avenue-T Ti 32 x 9 x 7 mm; 8°	TIT3209-0708	2
Avenue-T Ti 32 x 9 x 8 mm; 8°	TIT3209-0808	2
Avenue-T Ti 32 x 9 x 9 mm; 8°	TIT3209-0909	2
Avenue-T Ti 32 x 9 x 10 mm; 8°	TIT3209-1008	2
Avenue-T Ti 32 x 9 x 11 mm; 8°	TIT3209-1108	2
Avenue-T Ti 32 x 9 x 12 mm; 8°	TIT3209-1208	2
Avenue-T Ti 32 x 9 x 13 mm; 8°	TIT3209-1308	2
Avenue-T Ti 32 x 9 x 14 mm; 8°	TIT3209-1408	1
Avenue-T Ti 32 x 9 x 15 mm; 8°	TIT3209-1508	1

Footprint 32 x 10 mm

Description (L x W x H)	Part Number	QTY
Avenue-T Ti 32 x 10 x 8 mm; 15°	TIT3210-0815	0*
Avenue-T Ti 32 x 10 x 9 mm; 15°	TIT3210-0915	0*
Avenue-T Ti 32 x 10 x 10 mm; 15°	TIT3210-1015	0*
Avenue-T Ti 32 x 10 x 11 mm; 15°	TIT3210-1115	0*
Avenue-T Ti 32 x 10 x 12 mm; 15°	TIT3210-1215	0*
Avenue-T Ti 32 x 10 x 13 mm; 15°	TIT3210-1315	0*
Avenue-T Ti 32 x 10 x 14 mm; 15°	TIT3210-1415	0*
Avenue-T Ti 32 x 10 x 15 mm; 15°	TIT3210-1515	0*

*Optional. Available by special order.

Instrument Overview



Fast Connection T Handle

Part Number

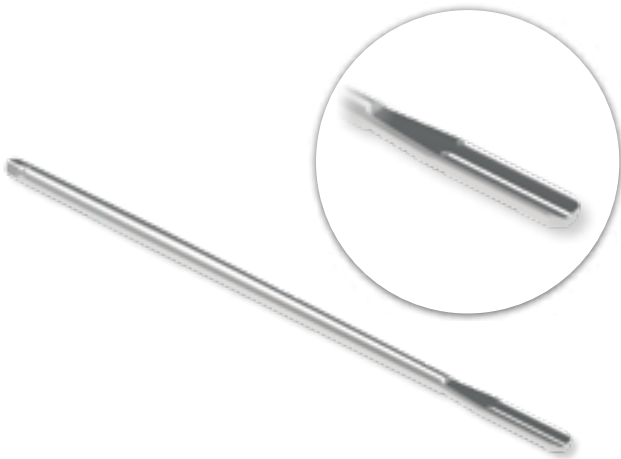
BOK-LC-52



Fast Connection Straight Handle

Part Number

BOK-LC-55

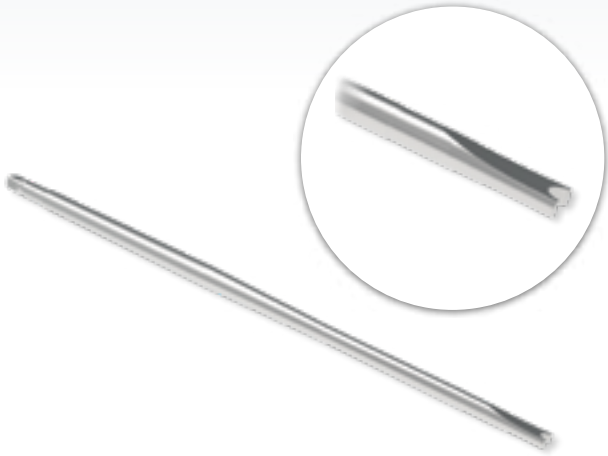


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Part Number

	BOK-LC-250-**
7 mm	BOK-LC-250-07
8 mm	BOK-LC-250-08
9 mm	BOK-LC-250-09
10 mm	BOK-LC-250-10
11 mm	BOK-LC-250-11
12 mm	BOK-LC-250-12
13mm	BOK-LC-250-13

Instrument Overview (Continued)



Implant Impactor	Part Number
	BOK-LT-73



Implant Holder (Dismantable)	Part Number
Implant Holder	BOK-LT-95
Straight Implant Holder Shaft	BOK-LT-95-10
Straight Implant Knob	BOK-LT-95-02



Trial	Part Number
32 x 07 mm	BOK-LT-T3207
32 x 08 mm	BOK-LT-T3208
32 x 09 mm	BOK-LT-T3209
32 x 10 mm	BOK-LT-T3210
32 x 11 mm	BOK-LT-T3211
32 x 12 mm	BOK-LT-T3212
32 x 13 mm	BOK-LT-T3213
32 x 14 mm	BOK-LT-T3214



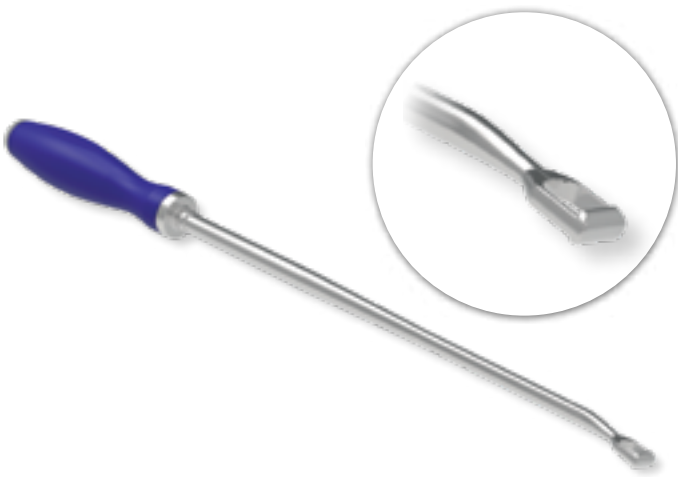
Hammer

Part Number
TH002



Medium Tray Avenue-T Tx

Part Number
K3725-TXT



Double Side Curved Squared Curette

Part Number
BOK-LT-72

Instructions for Use

The LUMBAR TITANIUM INTERBODY FUSION CAGE is intended to recreate and maintain distance between vertebrae to support biologic fusion in the thoracic, lumbar or lumbar-sacral spine zone. As complementary device, it should NOT be used as stand-alone. The device must always be within the limits of the vertebral cortices. If this indication is not followed, the device can be crushed because it protrudes from the spinal column and may not withstand the forces involved in such conditions.

DEVICE

The LUMBAR TITANIUM INTERBODY FUSION CAGE consists of cages in variable sizes and shapes. The dimensions of implants are designed based on anatomical conditions and decisions hereto are made by physicians.

LUMBAR TITANIUM INTERBODY FUSION CAGE components should be used in combination with other spinal systems or other fixation systems in order to obtain stabilization.

All components of LUMBAR TITANIUM INTERBODY FUSION CAGE cannot be re-used under any circumstances.

LUMBAR TITANIUM INTERBODY FUSION CAGE is designed to be applied for posterior, posterior-lateral, anterior and lateral approach..

In particular, this instruction for use is applicable for codes:

- ACT Cage for transforaminal arthrodesis "TLIF"
- ACA "ALIF" anterior arthrodesis cage
- ACP Cage for posterior arthrodesis "PLIF"
- ACX Cage for lateral arthrodesis "XLIF"
- ACL Cage for posterolateral oblique arthrodesis "OLIF"
- ACO Anterior Cage for Lumbar Arthrodesis
- ACTH Expandable lumbar cage
- ACXH Expandable extra-lateral cage and variable lordosis for lumbar arthrodesis
- ACPH Variable lordosis expandable cage for posterolateral arthrodesis
- MM Expandable anterior cage for lumbar arthrodesis

- CT Expandable anterolateral cage for lumbar arthrodesis
- MMJ Self-locking expandable anterior cage for lumbar arthrodesis
- ACXJ Self-locking extra-lateral cage for lumbar arthrodesis
- ACAJ Self-locking anterior cage for lumbar arthrodesis
- ACOJ Self-locking anterior cage for lumbar arthrodesis
- ACTZ Lumbar Cage

MATERIALS

The entire system is made of medical grade titanium described by ISO 5832-3 or 10993-5 or ASTM F2026 or ASTM F136 standard. All devices are manufactured from one of the foregoing material specifications.

INDICATIONS

LUMBAR TITANIUM INTERBODY FUSION CAGE is intended for lumbar interbody fixation for the following indications:

- Degenerative disc disease.
- Spondylolisthesis.
- Spinal stenosis.
- Trauma.
- Tumour.
- Pseudo-arthrosis.
- Instability of motion segments.

CONTRAINDICATIONS

Contraindications include, but are not limited to:

- Risk of infection or infection in progress, or fever or inflammation.
- Obesity.
- Pregnancy.
- Mental illness.
- Allergy on any system components.
- Any anatomical, medical or surgical conditions which may preclude potential or intentional benefits of spinal implants application.
- Bone, joints or ligaments conditions such but

not limited as: osteopenia, bone absorption, osteomalacia. Osteoporosis is relative contraindications a must be carefully evaluated prior surgery.

- Implants size, shape or anchorage functionality might be not enough to achieve expected clinical results.
- Combination with implants from other manufacturers.
- 1Potential risk of unexpected patient's anatomy destruction, interference with neurological, functional or other deficits.
- Any risk of patient's unwillingness to follow postoperative instructions.
- Any other not described in indications.

Caution: *in case of reuse there is a danger of cross contamination ; any reuse is therefore not permitted.*

POTENTIAL ADVERSE EVENTS

Possible adverse events which might occur after spinal surgery with or without instrumentation include, but are not limited to:

- Disassembly, bending, and/or breakage of any or all of the system's components.
- Migration of any of the system's components.
- Pressure on the skin from component parts in patients with inadequate tissue coverage.
- Tissue or nerve damage caused by improper positioning and placement of implants or improper use of instruments.
- Dura leakage, distortion or damage.
- Neurologic dysfunctions and/or physiological dysfunctions like paresthesia, radiculopathy, paralysis, hypertension, or any others related to surgery in general associated to anesthesia.
- Infections.
- Loss of urinary functions.
- Permanent or temporary or developing sexual dysfunctions.
- Postoperative change of body curvature, change of physiological range of movement.

- Pseudo-arthritis or non-fusion or delayed fusion.
- Bone loss or overgrowth, or any other bone malformations.
- Permanent or temporary limitation or inability to perform daily activities.
- Change in mental behavior.
- Permanent or temporary or developing respiratory problems.
- Permanent or temporary or developing cardiovascular deteriorations or dysfunctions.
- Death.

In some cases, additional surgery or surgeries might be necessary to correct or change potential adverse events.

WARNINGS: *The effectiveness and safety of interbody fixation is only applicable for certain conditions with which require the fusion supported by medical device. The device might be supportive for such mechanical instability like deformity, fracture, listhesis, dislocation, tumour, pseudo-arthritis. The effectiveness and safety for any other conditions are unknown*

PRECAUTIONS

The LUMBAR TITANIUM INTERBODY FUSION CAGE are complementary implants to posterior fixation systems. The applications of pedicle screw and/or interbody cages should be performed by experienced surgeons with specific training in use of LUMBAR TITANIUM INTERBODY FUSION CAGE. The spinal screw fixation system and/or interbody cage system should not be considered as sole spinal support. No implants can withstand body loads without bone support. Therefore bends, breakages, loosening, disassembling may occur over the time. A successful result is not always achievable. The factors as proper preoperative and operative procedure, comprehensive knowledge of surgical techniques, proper selection of implant's size and type are considerably important in treatment process. Patients with obesity, smokers and alcoholics are at risk for non-fusion. Also, patients with weak muscle or bone conditions

considerably important in treatment process. Patients with obesity, smokers and alcoholics are at risk for non-fusion. Also, patients with weak muscle or bone conditions and or nervous system dysfunctions are poor candidates for spinal fusion. Prior or during or after the surgery, in order to evaluate or check the positioning of the implants or patient's anatomy or any other patient or implant correction, X-ray or CT or any other diagnostic examinations may be necessary.

The proper, patient's individual implant selection in terms of type, size, shape or design is vital to successful surgery performance. Proper implants and instruments' handling is crucial. Extensive bending or contouring should be avoided. Sharp cutting edges, reversed bending, scratching or notching may generate internal stress, which may weak the implants or construct.

IMPORTANT: All necessary information about surgery, potential risks, benefits and adverse effects should be conveyed to the patient prior to surgery. In some cases additional surgery or surgeries might be necessary to correct or change potential adverse events.

PRE-OPERATIVE

- Patients that meet the criteria described in the indications should only be selected.
- Patients' conditions should be checked prior to surgery; any required diagnostics should be performed.
- The efficient and adequate implants and instruments inventory must be secured and be available during the surgery.
- All implants, instruments and any other components should be cleaned and sterilized before use. Any implants, instruments or components delivered in sterile packaging must be checked on sterility and expiration date of sterility prior surgery.
- Implants and instruments should be stored in certain conditions to warrant the sterility and protection from any contamination or corrosive environment.
- It's highly recommended that all personnel interacting with any mechanical components of the spinal system should be familiar with all components before use.

INTRA-OPERATIVE

- Extreme caution should be taken when working close to or around the spinal cord and nerve roots.
- Whenever possible or required, intra-operative diagnostic systems should be used to facilitate surgery.
- Breakage, bends, scratch, slippage, part loosening or improper use of any implant or instrument during the surgery may cause injury to OR personal or patient.
- It's very important to follow the surgical technique carefully. Proper application of any instrument or implant may facilitate surgery.
- Before closing of soft tissue, double check of all implants' positioning, geometrical relations, and fixing, tightening or mounting maneuvers for all screws, nuts or other fixing parts have been performed. Image diagnostics is highly recommended at this stage. Pre-operative

POST-OPERATIVE

The physician's post-operative directions and warnings to the patient, and the corresponding patient's compliance, are extremely important.

- Detailed instructions about the use and limitations of the device should be communicated with the patient.
- The patient should be warned to avoid falls or sudden jolts in spinal position.
- The patient should be warned for this possibility and instructed to limit and restrict physical activities, especially lifting and twisting movements and any type of sports participation. The patient should be advised not to smoke, or to consume alcohol or non-steroids or use anti-inflammatory medications such as aspirin during the bone graft healing.
- As a precaution, before patients with implants receive any subsequent surgery (such as surgical dental procedures), prophylactic antibiotics may be considered, especially for high-risk patients.
- Any retrieved implants should be treated in such a manner that reuse in another surgical procedure is not possible. As with all orthopaedic implants, the LUMBAR TITANIUM INTERBODY FUSION CAGE components should never be reused under any circumstances

PACKAGING

LUMBAR TITANIUM INTERBODY FUSION CAGE is sterile packaged; in order to control the correct sterilization, make sure that the package arrives properly closed. Do not use if the blister is open or damaged.

STORAGE

The components of the LUMBAR TITANIUM INTERBODY FUSION CAGE must be handled with care to prevent damage. Store in designated trays and in areas which provide protection from dust, insects, chemical vapours and extreme changes in temperature and humidity. Sterile parts must be stored in original packages as a precaution for prevented to any damages.

For more information, visit [ZimVie.com](https://www.zimvie.com)



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